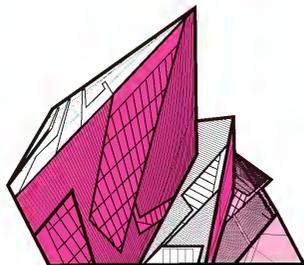


ETERNAL LIFE

Hike the ROM
Trail Guide



EXERCISE YOUR BODY AND MIND AT ROM

**Get your steps in by
walking our trails with no worry
of inclement weather.**

Not sure where to start?

ROM Map Guides are a good source for gallery locations.

Eternal Life trail takes
you through the galleries,
highlighting different objects
in the collections that
speak to the afterlife.

**You'll hike approximately
1200 steps on this trail.**

ACCESSIBILITY: Hike the ROM trails are designed to accumulate steps through a walking trail and include stairs. Accessibility routes may preclude that a hiker must backtrack through a gallery, use an elevator, or require Security's assistance with the use of ROM lifts.

CONGRATS

> You did it!

Don't forget to share your photos with us @romtoronto

1200 TOTAL STEPS

LEVEL 3 – EGYPT
Ancient Egypt continues to hold mystery and intrigue with its symbols of the eternal afterlife. This iconic coffin was made for a lady named Djedmaatesankh.

Great work! You've completed the Eternal Life trail.



LEVEL 3 – BYZANTIUM
This large stone ciborium has carvings of peacocks and palm branches – both symbolize immortality.

Head towards Rome, turn left and into Bronze Age Aegean. Stop at the large object in front of you.



LEVEL 3 – BRONZE AGE AEGEAN
Wavy lines on this Larnax (coffin) represent the sea the deceased's soul would have to cross to reach the afterworld.

Make your way into the centre of the Greece gallery.

LEVEL 3 – GREECE
With carving overlapping the frame, this classical Greek stele shows the interplay between the worlds of the dead and the living.

Leave the gallery past Bronze Age Aegean and towards Nubia, stopping at the Etruscan cases.



LEVEL 2 – ROTUNDA
The ghost of ROM's founder, Charles Trick Currelly, can sometimes be spotted standing on the balcony over the entrance.

Take the stairs up to Eaton Court on Level 3. Move left into Arms & Armour for the next stop.



LEVEL 3 – EUROPE
Viking warrior swords were carefully balanced, helping their victorious owners earn a place in Valhalla.

Retrace your steps out of Eaton Court and up the Rotunda stairs. Walk down the long hallway beside the Centre Block exhibition space until you arrive in Byzantium. Look up to find our next object.



LEVEL 1 – CHINA
This Torturer of Hell with a frightening face carried out the orders of the Hell's Judges.

Move around the corner to the large Chinese tomb.



LEVEL 1 – CHINA
Can you find the monkeys carved on the tomb mound? They're carrying peaches of immortality.

Hike back into Currelly Gallery. Turn left and take the stairs to Level 2 and then left into Biodiversity. Stop at the case opposite the coral reef.



LEVEL 1 – CHINA
This type of fantastic beast was placed in tombs to guard the deceased in the afterlife.

Move out to into the corridor with the Chinese temple. Look for our next object in the long case on the far wall.



LEVEL 1 – CHINA
Jade was thought to stop bodies decaying and was used in burials of the elite class.

Move out to the long row of single cases. Turn left and find the first case with the winged figure.



LEVEL 1 – CHINA
On this stele, flying immortals hold the horse's hooves so their galloping won't alert palace guards.

Continue down into China and locate the case with the jade fragments (about 1/3 down).



LEVEL 1 – ROTUNDA
We start at these totem poles that commemorate family origins, achievements and experiences.

Turn and walk back through Currelly Gallery towards Chinese Sculpture. Turn right towards the large wall murals.



LEVEL 1 – CHINA
This large mural depicts an imagined heaven with Maitreya, or Buddha of the future.

Turn and walk back towards the sculptures and locate the next object, a large stele.



LEVEL 2 – BIODIVERSITY
Bull the rhino walks an eternal trail here at ROM after a long life at the Toronto Zoo.



LEVEL 2 – EARTH'S TREASURES
Although there's no scientific data to support it, many cultures throughout time have worn quartz as jewellery to protect and heal.

Cross the gallery to the opposite wall. Can you spot the blue minerals displayed about halfway down?



LEVEL 2 – EARTH'S TREASURES
Lapis lazuli is made up of several minerals, including blue lazulite, and is found in many Egyptian burial objects.

Leave the gallery and stop in the Rotunda to view the Weston Heritage doors below.



LEVEL 3 – ROME (ETRUSCAN)
The mysterious Etruscans! This canopic urn is shaped like a body and would have had a lid in the form of a human head.

Head straight across the main aisle into Nubia.



LEVEL 3 – NUBIA
In ancient Meroe, this style of human figure with wings represented the Soul of the Deceased.

Move around the corner, past the Roman busts to the mummy portrait case on the left.



LEVEL 3 – ROME
Mythological battle scenes often decorated Roman sarcophagi, symbolizing triumph over evil in the afterlife.

Hike left into the Egypt gallery. Can you find the next object about half-way down?



LEVEL 3 – EGYPT
Placed in tombs, it was believed that the rowers and boats would come to life in the afterlife.

Continue to the far back of the Egypt gallery for our next stop. Look for the case with mummified animal remains. Can you find a cat?



LEVEL 3 – EGYPT
Some animals, like cats, ibises, and hawks, were mummified out of respect for the gods they represented.

Stay at this end of the gallery. Turn to view the coffin displayed on its own.



LEVEL 3 – ROME/EGYPT
Fayum mummy portraits created an eternal likeness of the deceased.

Turn around and move to the stone sarcophagi on the opposite wall.

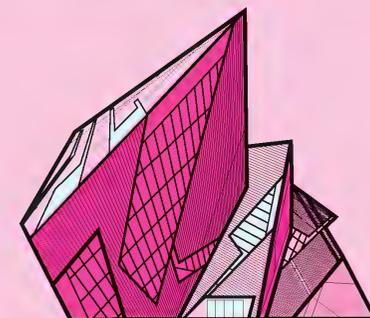


YOU'RE DOING GREAT!

YOU'RE HALFWAY THERE!

TRAILHEAD STARTS HERE >

ETERNAL LIFE



Congratulations, you did it!

Share your accomplishment
with us **@romtoronto**

Become a Member

Membership offers unlimited Museum access to visit galleries and exhibitions, try another hike trail, or walk this one again. Visit the Membership desk at the entrance and ask us how you can turn your admission ticket into a membership today.

joinROM.ca

ROM