

ETERNAL LIFE

Hike the ROM
Trail Guide



EXERCISE YOUR BODY AND MIND AT ROM

**Get your steps in by
walking our trails with no worry
of inclement weather**

Not sure where to start? ROM Map Guides are a good source for gallery locations. Pick one up at either entrance, or download via QR code at our orientation wall, before you start.

Eternal Life trail takes you through ROM's galleries, highlighting different objects in our collections that speak to the afterlife.

**You'll hike approximately
1400 steps on this trail.**

ACCESSIBILITY: The trails in Hike the ROM include stairs. Hikers who prefer/require elevator access may take an alternate route to the next stop. Elevators are in three locations on most floors. The European gallery may be accessed through the Rotunda elevator, or hikers may request Security's assistance to use the lift from the main elevators.

CONGRATS

➤ You did it!

Don't forget to share your photos using #HikeTheROM.

1400
TOTAL
STEPS



33

LEVEL 3 - EGYPT
Ancient Egyptian mummies continue to hold mystery and intrigue as symbols of the eternal afterlife. This coffin holds the mummy of Djedmaatesankh.

➤ Great work! You've completed the Eternal Life trail!



24

LEVEL 3 - BYZANTIUM
This large stone ciborium has carvings of peacocks and palm branches – both symbolize immortality.

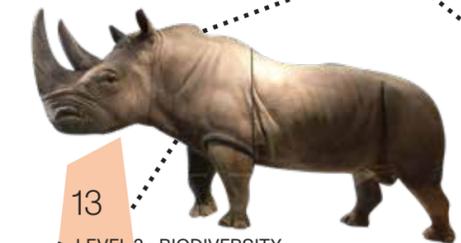
➤ Head back out to Rome, turn left and into the centre of the Ancient Cyprus gallery.



23

LEVEL 3 - ROME
Mythological battle scenes often decorated Roman sarcophagi, symbolizing triumph over evil in the afterlife.

➤ Turn left into Byzantium, towards the large stone canopy.



13

LEVEL 2 - BIODIVERSITY
Bull the rhino walks an eternal trail here at ROM after a long life at the Toronto Zoo.

➤ Move down the Rotunda steps and into Earth's Treasures. Look left to the cases holding quartz.



12

LEVEL 2 - BIODIVERSITY
The extinct Dodo lives on at ROM! We traded a dinosaur skeleton to acquire our Dodo.

➤ Move further along to the entrance to Biodiversity, where something big waits for you.



1

LEVEL 1 - CURRELLEY
We start here with the mummy Nakht's coffin.

➤ Walk towards the Rotunda and stop in the stairwell.



2

LEVEL 1 - ROTUNDA
These totem poles commemorate family origins, achievements, and experiences.

➤ Enter the First Peoples Gallery and find the narwhal tusk in a case along the window wall.



11

LEVEL 1 - CHINESE ARCHITECTURE
Can you find the monkeys carved on the tomb mound? They're carrying peaches of immortality.

➤ Hike back into Currelley Gallery. Turn left and take the stairs to Level 2 and then left into Biodiversity. Stop at the case opposite the coral reef.



10

LEVEL 1 - CHINESE ARCHITECTURE
Yanluo is the King of all the hells who commands an army of demons.

➤ Move around the corner to the Chinese tomb.



3

LEVEL 1 - FIRST PEOPLES
Images carved into the tusk show both the spiritual and physical worlds.

➤ Leave the gallery and walk back through Currelley Gallery towards Chinese Sculpture. Turn right.



4

LEVEL 1 - CHINESE SCULPTURE
This wall mural depicts Maitreya, and symbolizes the hope for Enlightenment.

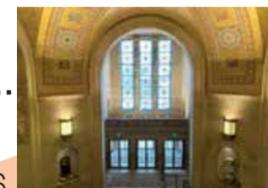
➤ Turn back towards the sculptures and locate the next object, a large stele.



9

LEVEL 1 - CHINA
This pair of "soul jars" with birds on the tops is made tall to symbolically reach heaven.

➤ Move out to the wall case in Chinese Architecture to find the next object.



16

LEVEL 2 - ROTUNDA
The ghost of ROM's founder, Charles Trick Currelly, can sometimes be spotted standing on the balcony over the Weston Entrance doors.

➤ Take the stairs up to Eaton Court on Level 3. Move across the mosaic map to the alcove.



15

LEVEL 2 - EARTH'S TREASURES
Lapis lazuli is made up of several minerals, including blue lazulite, and is found in many Egyptian burial objects.

➤ Leave the gallery and stop in the Rotunda to view the Weston Heritage doors below.



14

LEVEL 2 - EARTH'S TREASURES
Although there's no scientific data to support it, many cultures throughout time have worn quartz as jewellery to protect and heal.

➤ Cross the gallery to the opposite wall. Can you spot the blue minerals displayed about half way down?



22

LEVEL 3 - EGYPT
Placed in tombs, it was believed that the rowers and boats would come to life in the afterlife.

➤ Move down and stop just outside the gallery.



25

LEVEL 3 - ANCIENT CYPRUS
Ancient Cypriot grave figurines were sometimes left to accompany the deceased into the afterlife.

➤ Move around the case and into Bronze Age Aegean.



21

LEVEL 3 - MIDDLE EAST
The popular peacock! In different cultures it symbolizes resurrection, Paradise, and holds mystical lore.

➤ Leave Middle East and enter Egypt. Can you locate the model of a boat?



26

LEVEL 3 - BRONZE AGE AEGEAN
Wavy lines on this Larnax (coffin) represent the sea the deceased's soul would have to cross to reach the afterworld.

➤ Make your way into the centre of the Greece gallery.



30

LEVEL 3 - ROME/EGYPT
Fayum mummy portraits created an eternal likeness of the deceased.

➤ Move back into the Egypt gallery, keeping to the left.



27

LEVEL 3 - GREECE
With carving overlapping the frame, this classical Greek stele shows the interplay between the worlds of the dead and the living.

➤ Leave the gallery past Bronze Age Aegean and towards Nubia, stopping at the Etruscan cases.



20

LEVEL 3 - MIDDLE EAST
Neolithic Jericho skulls were first discovered at archaeological sites in Jericho.

➤ Turn around and find the case displaying mosaic tiles.



17

LEVEL 3 - EATON COURT
Reliquaries hold treasures, such as saints' bones, believed to have the power, beyond death, to heal.

➤ Move to Arms & Armour and find the Viking swords.



YOU'RE
HALFWAY
THERE!



19

LEVEL 3 - AFRICA, THE AMERICAS & ASIA-PACIFIC
Lavish coffins like this celebrated lifetime achievements, helping families ensure the deceased would look upon them favourably from the other world.

➤ Leave the gallery and cross the metal bridge into Middle East. Find the case on the left containing the human skull.

18

LEVEL 3 - EUROPE
Viking warrior swords were carefully balanced, helping their victorious owners earn a place in Valhalla.

➤ Head across and up the metal steps, past the Main Elevators into Africa, the Americas & Asia-Pacific. Find the large car displayed near the atrium.



7

LEVEL 1 - CHINA
This type of fantastic beast was placed in tombs to guard the deceased in the afterlife.

➤ Continue down the row to the last single case.



6

LEVEL 1 - CHINA
Jade was thought to stop bodies decaying and was used in burials of the elite class.

➤ Move out to the long row of single cases. Turn left and find the first case with the winged figure.



ETERNAL LIFE

TRAILHEAD STARTS HERE



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for eternity using **#HikeTheROM**

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to have unlimited access to try
another trail, hike this one again,
or visit our galleries and exhibitions.
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ticket into a membership today.

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